



MEDIA ADVISORY

FOR IMMEDIATE RELEASE

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OPEN SHUT UP & DANCE REHEARSAL WITH DANCERS OF PA BALLET

WHAT: On Thursday, March 19th, Dancers of Pennsylvania Ballet open their doors for the final *Shut Up & Dance* rehearsal at Pennsylvania Ballet Louise Reed Center for Dance. The one-night-only performance benefits MANNA clients battling life-threatening illness, such as HIV/AIDS, cancer and renal disease. Dancers of Pennsylvania Ballet choreograph and perform original pieces for a night of entertainment. Producing Director, Ian Hussey leads the rehearsal. *Shut Up & Dance* is on Saturday, March 21st at the Forrest Theatre. Tickets are available for purchase at www.mannapa.org/dance.

WHO: Producing Director, Ian Hussey;
Dancers of the Pennsylvania Ballet;
Staff from MANNA (Metropolitan Area Neighborhood Nutrition Association).

WHEN: 3:00 – 5:00 pm
Thursday, March 19, 2015

WHERE: The Louise Reed Center for Dance
323 N. Broad St., Philadelphia (*entrance is on Wood Street*)

MORE: This year's performance marks the 23rd year of *Shut Up & Dance*. The performance's boxing inspired theme is "knock out illness!" Pennsylvania Ballet Principal Dancer, Ian Hussey returns as Producing Director for his fourth year.

For more details about Shut Up & Dance contact Emily Gallagher at EGallagher@mannapa.org 215-496-2662 x127. Visit www.mannapa.org, like us on [Facebook](#) and follow us on [Twitter](#).

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ABOUT MANNA

Especially for people at acute nutritional risk due to life-threatening illnesses, [MANNA](#) prepares and delivers delicious nourishing meals and counsel, empowering individuals to battle illness and improve their quality of life. A small professional staff and 1,500 dedicated volunteers bring more than 65,000 nutritious, home-delivered meals each month to individuals and families living with HIV/AIDS, cancer and other life-threatening illnesses. MANNA dietitians promote wellness through nutrition education and counseling. Through these services, MANNA provides opportunities for caring people to extend loving support to families, friends, and neighbors. MANNA is spelled in all capital letters.

ABOUT PENNSYLVANIA BALLET

Founded in 1963 by Balanchine student and protégée Barbara Weisberger, Pennsylvania Ballet is one of the nation's leading ballet companies. Headquartered in Philadelphia, the Company's annual local season features six programs of classic favorites and new works, including the Philadelphia holiday tradition, *George Balanchine's The Nutcracker*™. For more information, visit www.paballet.org, call 215.551.7000 or connect with us on [Twitter](#), [Facebook](#), [Instagram](#), and [YouTube](#) to go behind the scenes at any time.