



MEDIA ADVISORY

FOR IMMEDIATE RELEASE

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LARGE VOLUNTEER EFFORT FOR MARTIN LUTHER KING DAY 2015 AT MANNA

- WHAT:** Volunteers from Valley Green Bank and Dilworth Paxson LLP are volunteering at MANNA for Martin Luther King Day 2015. On a day that most people have off, these volunteers are going to prepare and package 1,400 meals for critically-ill neighbors in the Greater Philadelphia area and Southern New Jersey. Valley Green Bank and Dilworth Paxson LLP are long-term supporters of MANNA.
- WHO:** Volunteers from Valley Green Bank;
Volunteers from Dilworth Paxson LLP;
Staff from MANNA (Metropolitan Area Neighborhood Nutrition Association).
- WHEN:** Monday, January 19, 2015
11:00 am – 2:00 pm
- WHERE:** MANNA
2323 Ranstead Street
Philadelphia, PA 19103
- MORE:** MANNA has a very large and dedicated volunteer force. On an average day, over 70 volunteers contribute to delivering and preparing nourishing meals for critically-ill neighbors in the Delaware Valley.

For more details about MLK Day 2015 at MANNA contact Emily Gallagher at egallagher@mannapa.org 215-496-2662 x127. Visit www.mannapa.org, like us on Facebook and follow us via twitter.

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About MANNA

Especially for people at acute nutritional risk due to life-threatening illnesses, [MANNA](#) prepares and delivers delicious nourishing meals and counsel, empowering individuals to battle illness and improve their quality of life. A small professional staff and 1,500 dedicated volunteers bring more than 65,000 nutritious, home-delivered meals each month to individuals and families living with HIV/AIDS, cancer and other life-threatening illnesses. MANNA dietitians promote wellness through nutrition education and counseling. Through these services, MANNA provides opportunities for caring people to extend loving support to families, friends, and neighbors. MANNA is spelled in all capital letters.