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MEDIA ADVISORY

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CONTACT: Emily Gallagher
MANNA
(215) 496-2662 x127
EGallagher@mannapa.org

OPEN SHUT UP & DANCE REHEARSAL WITH DANCERS OF PA BALLET

- WHAT:** On Thursday, April 7, Dancers of Pennsylvania Ballet open their doors for the final *Shut Up & Dance* rehearsal at Pennsylvania Ballet Louise Reed Center for Dance at 3:00 pm. *Shut Up & Dance* is an annual benefit performance produced by Dancers of **Pennsylvania Ballet** for **MANNA** at the Forrest Theatre. Pennsylvania Ballet Principal Dancer, Ian Hussey returns as Producing Director for his fifth year and will lead the rehearsal. Each year, Dancers of Pennsylvania Ballet come together to perform unique pieces for a night of entertainment. This year's performance marks the 24th year of *Shut Up & Dance*. *Shut Up & Dance* is on Saturday, April 9, at the Forrest Theatre. Tickets are available for purchase at www.mannapa.org/dance.
- WHO:** Producing Director, Ian Hussey;
Dancers of the Pennsylvania Ballet;
Staff from MANNA (Metropolitan Area Neighborhood Nutrition Association).
- WHEN:** 3:00 – 4:30 pm
Thursday, April 7, 2016
- WHERE:** The Louise Reed Center for Dance
323 N. Broad St., Philadelphia (*entrance is on Wood Street*)
- MORE:** Each Shut Up & Dance ticket purchased provides nourishing meals to MANNA clients battling life-threatening illness, such as HIV/AIDS, cancer, diabetes and renal disease. Last year, the event raised over \$130,000, providing over 36,000 meals for MANNA clients.

For more details about *Shut Up & Dance* contact Emily Gallagher at EGallagher@mannapa.org 215-496-2662 x127. Visit www.mannapa.org, like us on [Facebook](#) and follow us on [Twitter](#).

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ABOUT MANNA

Especially for people at acute nutritional risk due to life-threatening illnesses, [MANNA](#) prepares and delivers delicious nourishing meals and counsel, empowering individuals to battle illness and improve their quality of life. A small professional staff and 2,500 dedicated volunteers bring more than 70,000 nutritious, home-delivered meals each month to individuals and families living with HIV/AIDS, cancer and other life-threatening illnesses. MANNA dietitians promote wellness through nutrition education and counseling. Through these services, MANNA provides opportunities for caring people to extend loving support to families, friends, and neighbors. MANNA is spelled in all capital letters.

ABOUT PENNSYLVANIA BALLET

Founded in 1963 by Balanchine student and protégée Barbara Weisberger, Pennsylvania Ballet is one of the nation's leading ballet companies. Headquartered in Philadelphia, the Company's annual local season features six programs of classic favorites and new works, including the Philadelphia holiday tradition, *George Balanchine's The Nutcracker*™. For more information, visit paballet.org, call 215.551.7000 or connect with us on [Twitter](#), [Facebook](#), [Instagram](#), and [YouTube](#) to go behind the scenes at any time.