

## **Home Delivered Meals**

**KleinLife Home Delivered Meals-** They are frozen meals that include a protein, starch and vegetable. This food is made by local synagogues and is strictly kosher. KleinLife meals cost 2 dollars each. There are also catered meals available for 5 dollars each. They deliver both kinds of meals once a week if you are within the area they deliver to. They serve Northeast, South and Center City Philadelphia, City Line Avenue area and Abington and Cheltenham Townships.

(267) 441-5917

<http://kleinlife.org/adults-55/home-delivered-meals/>

**Aids for Friends-** Homebound and isolated individuals receive friendly visitors weekly that bring 7 frozen dinners

215-464-2224

[www.aidforfriends.org](http://www.aidforfriends.org).

**Homelink Inc. Home Deliveries-** Homelink provides meals to older adults and persons with disabilities who are having difficulty with meal production. The meals are frozen dinners with protein, starch, vegetable, bread, juice, milk and dessert. They cater to low sodium, low cholesterol, diabetic desserts, and pureed meals. The fee is 5 dollars a meal, but sometimes there are donations. Homelink serves North Philadelphia: 19120, 19132, 19133, 19140 North West Philadelphia: 19119, 19126, 19129, 19138, 19141, 19144, 19150 West Philadelphia: 19104, 19131, 19139, 19143, 19151 South Philadelphia: 19142, 19145, 19146, 19147, 19148, 19153. If outside these zip codes, you can pick up meals from a site in 19119.

(267) 682-1020

[www.homelinkinc.org](http://www.homelinkinc.org)

### **Senior Specific**

**PCA (Philadelphia Corporation for the Aging)** - Call for a variety of free services, including meal delivery, at-home care, employment assistance, home repair, transportation, legal assistance, information and referrals, protective services, and more.  
(215) 765-9040

**Catholic Health Care Services Home Delivered Meals**- Home delivered meals for homebound seniors over 60 in Philadelphia. They focus on South Philadelphia, but can refer you to other services if you are outside the catchment area. They send 7 meals weekly. It is based in St. Charles Senior Community Center, Center City.  
(215) 732 1140

<http://catholichealthcareservices.org/in-home-support/>